# Lunch Menu SELECTOR 

## MENU OPTIONS

Client to choose a preselection for the whole group.

## Three Course options

Pre-select 2 starters, 2 main courses \& 2 desserts
Pre-select $\mathbf{3}$ starters, $\mathbf{3}$ main courses \& 2 desserts

## Two course options

Pre-select $\mathbf{2}$ starters \& 2 main courses or $\mathbf{2}$ main courses \& $\mathbf{2}$ desserts
Pre-select $\mathbf{3}$ starters \& $\mathbf{3}$ main courses or $\mathbf{3}$ main courses \& $\mathbf{2}$ desserts

## One course options

Pre-select 2 main courses (1 Lamb or Beef and Fish option)
Pre-select 2 main courses (1 Chicken and Fish option)

If you wish to bring your own cake there is a charge per person.
If you wish us to dress your cake also there is a charge per person.
For Strawberries \& Fresh Cream \& serving of the cake.

Contact our Events team to make a booking or for further information: \& Leisure CLub

## Lunch Menu

SELECTOR

## STARTERS

## Smoked \& Fresh Fish Cake with Spring Onion and Coriander

Beetroot Puree, Tomato \& Onion Salsa
(1, 3, 4, 7, 8, 10, 11)

## Tossed Goats Cheese Salad with Roasted Red Peppers

Dressed Leaves, Beetroot, House Vinaigrette (1, 7, 8)
Homemade Soup of the Day
with Garlic Croutons (1, 3, 7, 8, 10, 11)
Tasting of Galia \& Watermelon
Seasonal Berry Compote
Smoked Chicken Salad with Crispy Bacon
Sunblushed Tomato, Pickled Red Onion, Sweet Chilli Dressing (1, 3, 10)
Timbale of Dressed Mixed Seafood and Confit Salmon
Pickled Cucumber, Red Pepper Couli (1, 3, 7, 8, 10, 11)

## MAIN COURSES

## Roast Leg of Wicklow Lamb

Rosemary Jus (7, 10, 11)
or
Roast Prime Sirloin of Irish Hereford Beef Thyme Jus (7, 10, 11)

## Pan Seared Marinated Breast of Chicken

Herb Jus $(7,10)$
Herb Crusted Baked Fillet of Irish Cod
Pepper Salsa (1, 2, 4, 7, 8)
Grilled Fillet of Salmon
Beetroot Salsa (1, 2, 4, 7, 8)
Slow Roast Turkey and Honey Baked Ham
Savoury Stuffing, Cranberry Sauce (1, 3, 7, 8, 10, 11)
Homemade Broccoli, Red Pepper and Goats Cheese Quiche
Tossed Side Salad, Herb Oil (1, 3, 7, 8, 10, 11)

## Spinach \& Ricotta Tortellini

Tomato \& Basil Sauce (1, 3, 7, 8, 10, 11)
All main courses are served with a selection of fresh vegetables and potatoes.

## DESSERTS

Warm Apple \& Cinnamon Crumble
Caramel Sauce (1, 3, 7, 8)
Fresh Fruit Meringue Nest
Fruit Coulis (3, 7, 8)
Homemade Lemon Meringue Tart
Seasonal Berries (1, 3, 7, 8)
Callebaut Chocolate and Hazelnut Brownie Vanilla Ice Cream (1, 3, 7, 8)

Selection of Ice Cream
Fresh Seasonal Berries (3, 7, 8)

## Strawberry Custard Tart

Creme Chantilly (Contains 1, 3, 7, 8)
American Oreo Biscuit Cheese Cake
Chocolate Sauce (1, 3, 7, 8)

Freshly Brewed Tea and Coffee


Allergen Information

1. Gluten 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts
2. Soybeans 7. Dairy 8. Nuts 9. Celery 10. Mustard
3. Sesame Seeds 12. Sulphites 13. Lupin 14. Molluscs
