



GLENVIEW HOTEL
& LEISURE CLUB
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Benefits of Being a Member of the Glenview Health and Leisure Club

- No joining fee on upfront 6 month and 12 month memberships.
- 18 meter Deck Level Swimming Pool with Air Loungers, Bubble Pool and Children's Pool.
- Sauna, Steam Room and Poolside Hot and Cold showers.
- Jacuzzi and Out Door Hot Tub.
- Fitness Class timetable with over 25 free classes per week including Spin, Aqua Aerobics, Super Seniors, Tabata, A.M.R.A.P and Total Body Conditioning.
- Friendly staff who are passionate about helping you reach your fitness goals.
- Comfortable changing rooms with lockers, hair dryers and body wash dispensers in the showers
- Fully Equipped gym with over 40 pieces of Technogym Cardio and Resistance Training Equipment
- Discounted rates on fitness course such as yoga, pilates and children's swimming lessons
- Relaxing Coffee area in reception.
- Member social events
- 10% discount on food in the Conservatory Bar and Woodlands Restaurant Monday to Friday.
- 25% discount on first treatment in the Treatment Room and 10% on further treatments (discount applies to full price treatments only)

Please note all benefits are review annually and are subject to change. T's & Cs apply.

The Glenview Health and Leisure Club, Glen of the Down's, Delgany, Co Wicklow.

Tel: 01-2740078 email: membership@glenviewhotel.com www.glenviewhotel.com/leisure-club